

GARLAND DANCE NOTATIONS

prepared
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for
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EXTENDED SET OF NOTATIONS

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GARLAND DANCES

Garland dances are widespread in Europe, but not very common outside of Austria. They exist in many forms but the oldest are assessed to be those which appear to have once been sword dances and in which due to local laws the garland replaced the swords. The "sword" was the stock-in-trade of blacksmiths, a narrow bar which could be worked into most implements, tool edges, and, when conditions warranted it, into swords. The ban led to the use of foliage covered hoops, cooper's barrel hoops and even ropes between dancers. To be impressive the numbers of dancers can be rather large and the dances rather interminable in length. In most places the garlands are an inverted U-shape, and can be exploited as a frame for the head and top of the body. Some German and Basque garlands are the size of garden archways with spikes on the bottom ends which can be struck into the ground to allow the dancers greater freedom for stepping. In Austria many are rigid and small, of "A" frame or "Δ" triangular shape, as well as complete circles. The latter is appearing in the West Country. The earliest clear English reference available to me was in a ballet. Earlier references to garlands are to a different type of object that is not a dance implement but something that is carried to accompany a party of dancers or singers, who are perhaps "bringing in the May". These are close in concept to the heavily flowered garlands on a stave pole, such as are used on Tutti Day at Hungerford and also was used by some Friendly Societies instead of stave heads. Garlands can mean also slack streamers or decorated ribbons, like skipping ropes or even interior decorators swags.

By the mid 19th century garland dances were appearing as part of the stock in trade of the dance display choreographer along with plaited ribbon maypole dances and theatrical morris and might be seen on the stage, in at least one classical ballet, at the pleasure gardens and at revels. The Britannia Bacup and the original Whitworth dances probably date from the middle of Queen Victoria's reign but most surviving English dances seem to be late Victorian or Edwardian period compositions. A particularly well known one is the "Victory" dance from Knutsford which was danced with a slack garland, like a flower decorated skipping rope, now preserved in performance by Poynton Jemmers. Garland dances are still part of the repertoire of children's dancing schools and a waltz garland was performed at Knutsford May Day in 1982. This dance was done with small rigid framed garlands which allowed quick and easy change from linked to stand alone formations. Apparently a U-garland dance was circulated amongst Girl Guide troupes after WW I and parties went out collecting along with a maypole. Simple dances suitable for such activities were being published⁽¹⁾ in the first decade of this century, as part of general urge to exploit pseudo historical material contemporaneous with the Esperance Club and Sharp, and these sources need more exploration. This was in a period of "sharing" dances and games from many cultures and the actual source is currently unknown. There is photograph of school girls with U-garlands and a team with a plaited ribbon type of maypole at Alton at the end of the 19th century⁽²⁾.

The only English garland dance to include linked movements that has surfaced so far is the "Rose" recorded from a college team from the Sunderland area at an inter-college folk event in the early 1960's, and apparently created and taught to the leaders when at school a few years before by an ex-long sword dancer from the Cleveland area north of Whitby who did not believe in women doing the traditional men's dances. Originally intended to be danced by twelve or more, it

ARCOS, THE ARCHES

Source : video of Burgos Women's side from Spain at Sidmouth 1989. A dance in the style of "The Rose" which is otherwise unique.
Music : typical spanish tune with 1-23 rhythm, suggest slow jigs
Tool : U shaped garland, reasonably rigid
Step : 1-23 not a skip-change
Set : 12 dancers with garlands plus a leader without.

ENTRY - in single file following leader moving into an anticlockwise circle, each with own garland and swaying garlands together, outwards first. End with the leader standing in the centre and all the dancers in pairs back to back, evens facing in and odds out.

CIRCULAR HEY - dancers start to move to their left with a left lead, ie evens go back, weaving in a circular hey all the way round, turning with a strong swirl of the skirt so as to pass each dancer back to back. End back to back, turn so that all face in in a circle and swing the left end of their garland from left to right into right hand neighbour's left hand, the all quarter turn to left to face round circle anticlockwise, handles together in front of body so that garlands are over shoulders (*suggest that it would be tidier to take both ends in right hand, move sideways to right to put ends in front and to separate hands*) Leader takes free end. Free hands on hips.

TUNNEL - leader starts tunnel on odd side moving up centre of set. Others take alternate sides, facing in, one side has hands apart, opposite has hands crossed at the wrists.

LEAD OFF - leader crosses set and goes round next clockwise, leads across set and around neighbour anticlockwise and proceeds in this way down to the bottom, through every garland (*except perhaps the last*) The others follow but do not move off until they are pulled round on the spot and have to move.

ARCHES - leader immediately starts another tunnel but on the even side moving up the set as the previous lead-off finishes. When at top start down the middle to get there just when the previous lead off finishes and tunnel complete - ie the movements overlap.

DOUBLE CIRCLE - lead off into anticlock circle until out of arches then back end starts going clockwise so that ends overlap and form into two circles, one in the gaps in the other, knuckles touching, leader releasing end and going into centre. Dance 6 slips to left with garlands lowered in front, 2 equivalent to raise garlands while standing still, 6 slips to right with garlands up. Start to reform single big circle anticlockwise with leader in front.

SPIRAL - with garlands over shoulders as at end of Circular Hey to keep close together, leader moves to centre of set and the leader hands garland end to no 3 so that 2 & 3 are linked by two garlands and they stand still. Rest wind round anticlock, each in turn stopping on right side of a stationary dancer odds by odd, evens by evens, so that garlands form a crown across the centre each laid on in turn. The leader still dances around ahead of moving dancers. Keep it close and quick.

LIFT - member of team or crowd brought in, if small the crown is lowered and the person is sat on top and raised, if adult put underneath. The crown is rotated once around and the person allowed to leave.

UNWIND - minimise time. Form a complete circle facing in.

STAR - odd move in, turn left to face out, hands crossed and pas de basques. Change with evens. Repeat.

IN & OUT - leader takes an end and winds in and out the windows, letting each loop go through before the next. Then exit.

*(This can be speeded up by not letting loops complete before next arch.
Also could end dance at the Lift)*

6

4

FLORIBUNDA a GARLAND THREE HAND REEL

Source : composed by Jean Piper for Minden Rose to fill an obvious gap in the repertoire. The steps were chosen from different traditions, to be British.

Music : composed by Jean Piper for the dance.

Set : three dancers in a line side by side, facing "forward", numbered 1, 2 and 3, each with a garland.

STEPS - each "step" takes two bars, except the last which needs four.

A. "Lilt" (lunge) the right foot over the left foot and hop, then step back onto the left foot and hop. Move to the right with a right, close the left, and a right (& hop?). Count 1 & 2 & 3 & 4 (a).

B. "Drop" (spring) onto the right foot with the left foot going straight out to back behind, then drop (spring) onto the left foot with the right out behind. Pas de Basque to the right, with the foot crossed in front.

C. Hop on the left foot and dance "heel, toe, heel" with the right in front of the left, then bring the right back beside the left.

D. "Hitch" (hop on the left while kicking the right out with the knee up) and travel to the right, with the right to the side, the left up behind, right to side, left up behind, right to side, left up behind. Pas de Basque to the right and then to the left with the leading foot crossed behind.

DANCE

Each figure starts with two dancers turning to face and the third facing the other way, either > < > or < > <. After the "stepping" they all turn 180° to face the other direction, to the right, ie right shoulder going back. (All three do the "stepping" ?). The Reels of Three finish with the ends of the line moving forward to form a circle facing "in", and the numbering running around clockwise.

A 1- 8 No.2 dances step A to No.1, while No.3 faces out. The step starts on the right, and is repeated on the left and the right, then four "skips", which are step-hops with the knee well raised, No.2 turning to face No.3, starting on the right foot. No.2, 1 & 3 turn right shoulder going back to face the other way, turning out and in respectively.

9-16 No.2 dances step A to No.3, while No.1 faces out, four times through.

17-24 Reel of Three with the "skip-change", or 1 2 3 hop step, starting by passing by the right shoulder, and end with the right shoulders to the centre, for a three person right hand star.

25-32 Go round for two polkas, all turn out to the left to face back on two more polkas, take two polkas to come back, and two polkas to turn out to the right. No.2 now ends facing No.3.

B 1- 8 No.2 dances step B to No.3, while No.1 faces out. The step starts on the right, and is repeated on the left and the right, then all do four skips turning to face the other way starting right foot. No.2 now faces No.1. Nos.3 and 1 turn out and in respectively, with right shoulders going back to turn.

9-16 No.2 dances step B to No.1, as No.3 faces out, four times through.

- 17-24 Reel of Three, end facing "in" for a circle to the left.
- 25-32 All take six polkas to the left to circle once around, then two polkas out to place, at the end No.2 faces No.1.
- C 1- 8 No.2 dances step C to No.1, while No.3 faces out. The step starts by hopping onto the left, and this is repeated twice on alternate feet, then four skips round for No.2 to face No.3, starting on the right.
- 9-16 No.2 dances step C to No.3, while No.1 faces out, four times through.
- 17-24 Reel of Three, ending facing in for the movement called "Teapots".
- 25-32 Take two polkas to the left. Put the Garlands up and turn for two polkas. Take two polkas back and two polkas to turn out. No.2 now faces No.3.
- D 1- 8 No.2 dances step D to No.3, while No.1 faces out. The step starts by hopping on the left and moving to the right. Repeat it all by moving to left but replace the Pas de Basque with four skips round for No.2 to face No.1, starting with the right foot.
- 9-16 No.2 dances step D to No.1, while No.3 face out, twice through.
- 17-24 Reel of Three, ending with all facing in.
- 25-32 No.2 turns out taking two steps, clockwise. Dancer on the right, No.1, turns out taking two steps, then the last, No.3, turns out on two steps. Then in turn each turns in taking two steps. Raise the garlands to touch at their tops.

KNOTS OF MAY - a Composed Garland Dance

Once to self : set of 8, face up in column, numbered round set clockwise.
 Opening : All face in, cross over to opposite side, quarter turn to right and move into a clockwise circle.

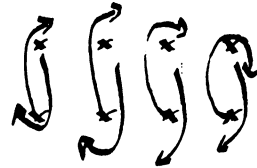
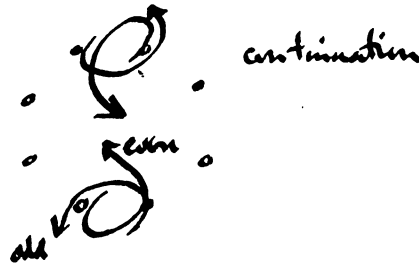
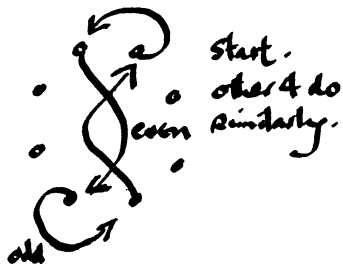


Figure One:

1. "Centre" - all face centre. Evens go to centre, 8 steps, to momentarily form a ring with the garlands, and retire to place, 8 steps, while odds mark time. Odds then move to centre ditto while evens mark time.
2. "Four Chain Across" - Evens cross centre of set, passing right shoulders and forming a star for part of the crossing, to opposite odd. Odds at same time dance a near complete circle anticlockwise. They turn each other once round, touching knuckles, and evens then return the same way to own place, passing right shoulders in a star. Odds do a further anticlockwise turn by themselves, picking up their even for a final turn to place.



3. "First Knot" - All 8 into a circle clockwise. Evens break off into a small circle anticlockwise away from music, making a loose star. Odds continue original clockwise circle tightening up into a loose star also. The two rotating circles should interleave - ie be "cogged". After a complete rotation the dancers change circles one at a time as they reach the point where the two circles interleave. After another rotation the dancers in the second circle join the first, which widens out to original size.

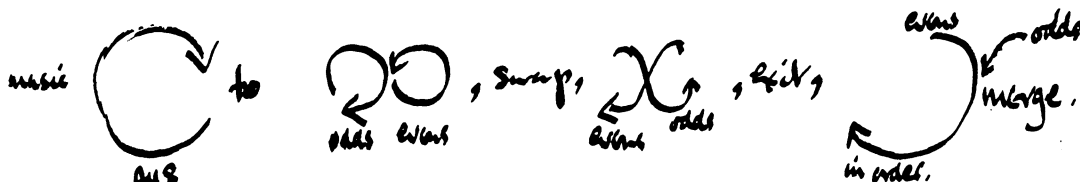


Figure Two:

1. "Centre" - as above
2. "Reels Across" - Evens dance same track and timing as 2 above but odds mark time for two bars and then follow them around the same track.

3. "Second Knot" - Odds face evens round set and start a grand chain. The garlands are swung away from the dancer being passed, therefore they go alternately from side to side. When the top pair meet at the bottom they separate off, both going to their left and starting smaller anticlockwise circles into which the others follow. Circle once in separate circles, then the further circle breaks into a clockwise circle around the first. After a full circuit, when pairs met, they turn each on spot, knuckles touching, to original place.

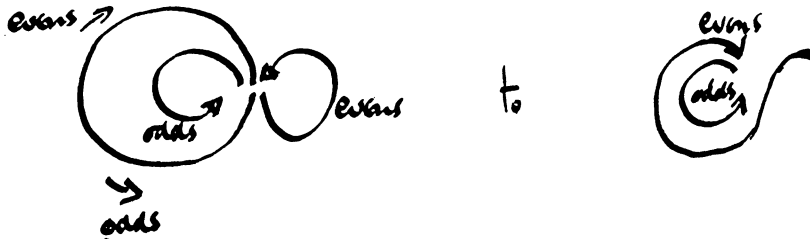
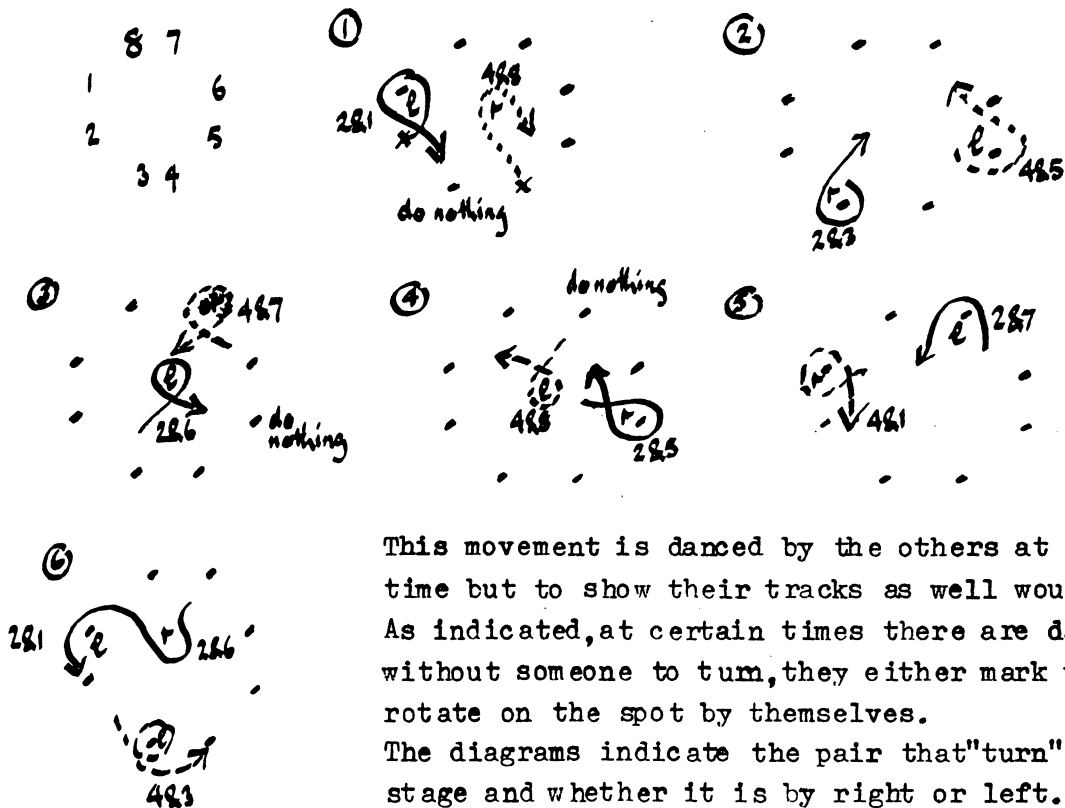


Figure Three:

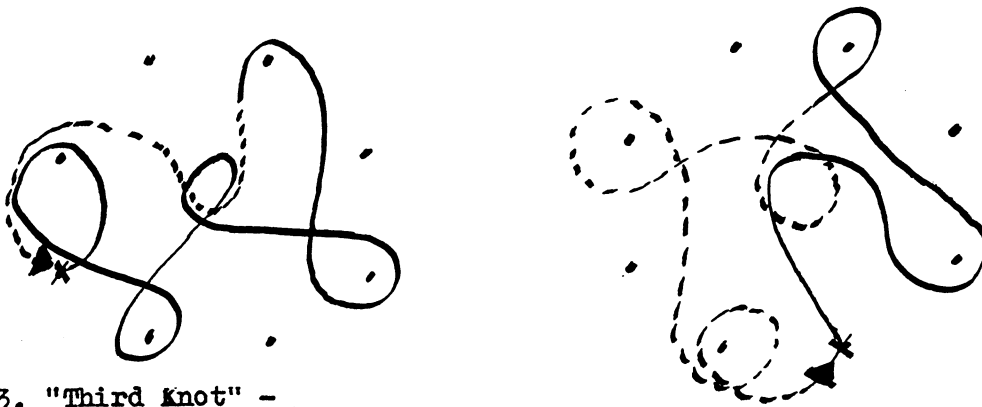
1. "Centre"
2. "Evens Reel Around" - the evens go round set making alternate left and right turns.

Assume numbered



This movement is danced by the others at the same time but to show their tracks as well would confuse. As indicated, at certain times there are dancers without someone to turn, they either mark time or rotate on the spot by themselves. The diagrams indicate the pair that "turn" at each stage and whether it is by right or left.

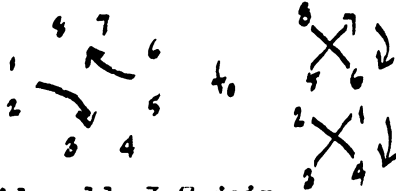
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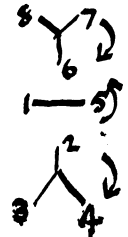
3. "Third Knot" -

Assume same initial numbering,

a. ends, 1&2, 5&6 go to right and star right with 3&4, 7&8 respectively.

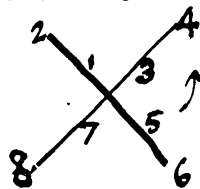
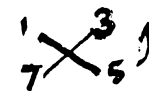


b. end odds, 1&5 break away and left turn in centre while the threes do another revolution.

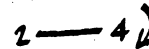


c. side odds, 3&7, join

1&5 in centre and do one circuit while remaining pairs, 2&4, 6&8 do another revolution.



d. odds in centre



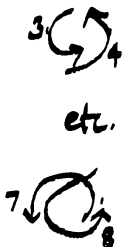
star, pick up their evens to form a double star, and make a complete revolution anticlockwise.

e. evens break away into a separate interleaving star, away from music, as in the First Knot, but rotating in the opposite directions, and continue Knot as in First Knot to place.

Final Movement:



- a. odds to middle and back as in "Centre".
- b. evens to middle and form right hand star and go 1/2 times round to end facing opposite place, while odds go anticlockwise around the outside of the star to opposite place.
- c. pairs turn by left once round.
- d. repeat all to place and end with bow, or lead off.



KNUTSFORD CHILDREN'S GARLAND DANCE

- Source** : filmed at Knutsford May Day as a dance done as part of the ceremonial by the local dance school, who also provided maypole dancers, sailor's hornpipe etc.
- Set** : team of 10 in two groups of 5. Nothing magical about 10, could be only 8.
- Garland** : small rigid garland, unlike usual English garland but similar to common Austrian forms. Usually kept vertical and not tilted forward in the swings. Each dancer sometimes holds their own garland and at other times uses it to link to other dancers by only holding one handle.
- Music** : waltzes.
- Step** : waltz step - forward, close and step.
- Style** : The dance must owe something to the dance school and is graceful like the revived Greek dance. (Compare with the girl's dance at Kirtlington around the Lady and the Lamb)

ENTRY

1. The dancers in the two lines of five start in single files which are slightly angled to each other. They move forward using the waltz step, the two lines passing through each other alternately, to form an arc of dancers, in 12 waltz steps. The garland is swung with a large movement in front of the body in the direction of the leading foot.

Face front and dance four alternate sidesteps, of a step and close to each side, with a good swing of the garlands to each side, from high at the side through low in the front.

DANCE

2. Grouped into neighbouring pairs, all facing front, spread round an arc. Dance four long sidesteps in alternate directions, all starting to the right first, thus, open sidestep, close together, open sidestep and kick the trailing foot across in front of the supporting foot. The garlands bounce downwards on the strong leading steps, and are swung up on the kick.

3. In the same pairs, turn as pairs, moving six waltz steps each way, ending each half with a turn in to face each other on the 7th bar and a pause for the 8th. First a right hand turn and then a left hand turn back 6 waltz steps to place.

4. Swing the garlands by one handle to link up with neighbours, forming two linked lines of five, with the outer ends holding both ends of their own garland as well as one end of their neighbours. The two lines pass each other moving around the arc, right hand side behind the left and back along the same track. They take 8 "grapevine" steps each way. The first step is crossed behind the supporting foot and the next crossed in front. Bend the knee a little on the strong leading step. End by getting own garland back.

5. As 2. but the free leg is swung up behind rather than across in front, the free foot ending up behind the supporting knee.

6. Link up again as in 4, and start as 4, moving until the two lines align, one behind the other, and get own garland back.
- Front Row : balance to the right and to the left and turn clockwise on own on the spot. The Rear Row : does the opposite.
 - Front Row : balance to the left and to the right and turn anti-clockwise on the spot. The Rear Row : does the opposite.
 - as a. The front row end linked up again.
7. The lines go under and over two times round. Going under from the back, and linking and unlinking garlands as appropriate. Taking the pair as the one in front and the one immediately behind, they work round each other along a square track twice, clockwise, 1 bar per side. Take own garlands.
8. The middle dancer of each line move to stand alongside each other in the following formation. The middle pair only change places while the rest are still, then all swing to the left and up to the right.
Do this 4 times.
- ```

x x x x
 x x
x x x x

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9. Working in these pairs still, all do the following eight times, step across with the rear foot, open step with the other foot and turn the body back and point back with the rear foot.
10. Pass this partner with a 1 2 3 rear foot lifted up behind and the garland raised like in the Greek dance, turn and repeat back to place. Do it eight times in all.
11. A reel of 10, 2 bars per pass, going only half way, ie 8 waltz steps, step, close, pause. Then a step like 9. four times, then balance and turn on the spot once as in 6. All curtsey to audience and dance off in two lines.

## LIBERTY BELL

**Source** : Women's side at Taunton  
**Music** : Sousa's "Liberty Bell", the Monty Python Tune.  
**Tool** : U shaped garland  
**Step** : Skip, polka and stand still. Standard sequence is 8 skiphops moving, 2 polkas on the spot garland upright, stand still and sway garlands to left & to right.  
**Set** : 6 dancers

**ENTRY** - form line of 6, dance on with several sequences, facing direction of travel for polkas and sways to form a circle of 6 going clockwise. Think of as in two groups of three forming the opposite sides of the circle.

**CHORUS** - the left hand of each three leads their other two across the centre of the set passing left shoulders and curving to their right to form a line of six shoulder to shoulder, each set of three facing a different direction (ie clockwise) using one sequence. Then all turn right towards centre and led by the two now in the centre retrace the track to form the circle and end facing the centre.

### FIGURES

1. **ROUNDS** - dance around clockwise, face out for the polkas and sways, return to place anticlockwise, facing in for polkas and sways.
  2. **STAR** - three, alternate dancers form a right hand star going once round, while the other three go round anticlockwise outside and end in radial pairs for polkas, but instead of sways pairs do a left hand half turn to change places so that each is facing back the other way and on the other circle. Repeat to form radial pairs for polkas then turn to face centre.
  3. **REELS** - the left hand of each three starts a reel of three with their other two by going between them and going round to their left. Reel once round using only skipsteps. When back to place the same two start reels of three with the two of the other set by going between them and going round to their right. End in circle facing inwards.
  4. **CROSS OVER** - the two sets of three face across in two lines. Cross over passing right shoulders, ending facing out, turn right to face back on the two polkas and sways facing back. Repeat to place, going into the chorus from the lines not from a circle.
- EXIT** - as entry, in line of 6, with polkas and sways facing in direction of travel.



## LITTLE ROCK

**Source** : Display at Asheville, NC, January 1994  
**Music** : a variety of polkas, changing for each figure.  
**Steps** : skips and cross-over polkas. Sequence is 2 polkas and 4 skips throughout.  
**Set** : 8 dancers, each with U garland, in quadrille formation.

**Once to Self** : face in, in pairs, side by side.

### CHORUS

- 1-2 face partner, garland upright, 2 polkas.
- 3-4 move into two lines of four across the set, mostly the head pairs approach, using skips.
- 5-6 tilt garlands forward so that the tops touch and polka on spot.
- 7-8 retire to places.
- 9-10 as 1-2.
- 11-12 move into two lines of four along the set.
- 13-14 as 5-6.
- 15-16 retire to places.

### FIGURES

1. **Stars and Circular Hey** : face partner for two polkas, then right hand turn 3/4 round and original right hand persons make left hand star in centre of the set all the way round and back to partner's place, while the others turn anticlockwise twice, moving into partner's place. Repeat with other dancers making the star. Face partner and circular hey all the way round to place, right and left handing, 2 bars per pass.
2. **Lines** : All face in and polka on spot, then move into a single line across the set all facing up. Tops go to the centre of the line, turning inwards to face up, bottoms move forward to end one either side, far sides move forward to be outside them, and the near sides move towards partners and turn out to face up. All 2 polkas on spot.

In pairs along the line (not original partners) change places and polka on the spot. The change is done thus, the left hand one moves forward, goes to their right and turning clockwise faces front. The right hand one casts clockwise and moves round to the left place. This change and polka is done 4 times.

Then the top pair face and make an arch, the rest turn away to face the ends of the line and skip off turning to the front, moving towards the arch. All polka on spot before going through the arch in pairs garland laid against garland. Take 6 bars to get to place.

3. **Grand Square** : all face in for one polka, then all face up or down for one polka, skip heads to meet in centre, sides separate and retire to corners, one polka facing this way, then turn to face across and carry on this pattern once round. Repeat going the other way round.

16

- 4 **Reel** : start as chorus and form two line along centre, skip into a single line facing in pairs and polka. Then continuously moving reel of eight, 2 polkas moving to the right and 4 skips moving to the left.
- 5 **Axum Reel** : All follow a single path around the set. Start all facing half to left. Each left hand moves on the skips diagonally forward to the right to the right hand place of the next pair, while the right hand person dances a small semicircle to the left hand place. All polkas are on th spot. Continue to places.

**FINAL CHORUS** : Stay in two lines at end and make 4 stamps with garlands arched.

## MAYAPPLE

**Source** : A dance for 6 created by Pam Colley of Berea, Kentucky. Seen on Mystic Garland/Court Square tour of England and visits to USA.  
**Music** : "Meguire's Favourite", "Maggie Brown's Favourite" "Fl of E"  
**Steps** : lively skip (walk) and polka. The polkas always on the spot.  
**Sequence** : Four skipwalk steps, raising knee up, then polka once off each foot. Begin by raising the left knee and polka with left in front.

### START

Form a circle face in, then half turn during once to yourself so facing alternately in and out. Start with a chorus.

### CHORUS

Dance in direction facing for 2 bars (out or in) then 2 polkas on spot, those going in meet knuckle to knuckle and raise garlands a little, backstep to reform the circle and polka on the spot. Repeat all.

### FIGURES

- 1. APPLETREE** - Those facing "out" dance clockwise around right hand neighbour to the next "outies" place, to face in, and polka in that place. Those facing in, step in place and on the second polka, turn clockwise to their right to face out, then dance clockwise round the set to the next dancers place. Continue repeating until everyone is back home.
- 2. STAR** - Those facing in form a right hand star. Those facing out turn to their right to link up knuckle to knuckle with the first partner they come to, taking 4 steps and the polkas to form the star. Turn the star round one third of circle, twice, until the last polkas, and then all turn to their left on the spot to face back on the last second polka. Turn the star back home.
- 3. WISHBONE HEY** - Those facing in step and polka in place, or move forward enough that knuckles nearly touch. Those facing out, turn to their right to stand behind that neighbour, then polka in that place. Those 3 in front pass left shoulder, going round two thirds, stepping to the position that is to the left back from they are standing and polka in that place. They continue to follow this person from one spot to another until back home, where go straight into a chorus. Those in back follow the person in front from one spot to another. To move to the front position, they face in throughout and step out toward the right and back along a half circle. Continue to place.
- 4. DIPPY HEY** - Those facing out turn to their right to stand right knuckle to right knuckle with partner on the four steps. While looking at the current partner, on the first polka lower the garland parallel to the ground, on the second polka raise the garland back up. Four steps to next partner standing left knuckle to left knuckle, lower garland on the first polka and raise on the second, etc. Continue until almost home and go straight into the final chorus.

At the end of the final set, those facing in remain in the centre of the set. Those facing out backstep closer to the centre, on the second polka those facing in turn to face out, keeping garlands in position. Those facing out kneel on their right and lower garlands so tips touch the ground.

## NEWCASTLE

Source : White Rose of Wellington - as noted from a demonstration  
Music : Playford tune of same name  
Tools : U shaped Garlands  
Set : 6 dancers in two lines  
Step : polka and skip (*In italics is Minden Rose variants*)

### CHORUS

All face up : (Turn out to face up) : Polka sideways to change places with opposite, 2 bars into single file, 2 bars to opposite. Those on the odd side go in front every time.

Ends change, up and down the set, with skip (*polka*) step, original top pair go between bottom pair each time (*pair actually at top through middle each time*). The centres move back a little to let others through with comfort and then forward into set formation again. All face up again and repeat.

### FIGURES

#### 1. SPIRAL ON

Come on in one line, 1 3 5 2 4 6, in a serpentine path, then odds come up own side and evens follow up on their side. (*skip*) Go straight into a chorus.

#### 2. HELICOPTERS

Stars right and left in 3's, middles go to the right to start, 8 bars each way. Turn in at  $\frac{1}{2}$  way.

#### 3. C'EST LA VIE

Move into one line along centre in no more than 2 polkas, right shoulder with opposite, and 1 3 4 6, turn to right so that all face anticlockwise relative to the middle of the line, in no more than 2 polkas. Line of 6 rotate as one line completely round in 8 bars. 2 5 then  $\frac{1}{2}$  turn right so that all face own place and all dance out forwards. (*1 3 4 6 turn and all dance out backwards*)

#### 4. HERRINGBONE CIRCLE

All face up : (*skip*) cast round to other side, lines going through at the top alternately, no.1 crossing first. Down the outside of the set on the wrong side then cast in and back up the centre shoulder to shoulder with opposite. Cast down outside again and cross alternately at the bottom to come on the starting side to place. (*come in close before crossing at bottom*)

#### 5. SHOELACE HEY

Diagonals cross etc. the following are as per starting numbers not position in set (1) 1 with 4, 3 with 6 (2) 2 with 6, 1 with 5 (3) 4 with 5, 2 with 3. The set is now reversed. (*Either continue pattern till reach starting places and fill in final 4 bars with a whole gyp with opposite, garlands face to face,*) or cross with opposite then carry on the pattern from other side and cross back to place at the end. With polka step each change is 4 bars (*with skip step each change is 2 bars*). 32 (16) bars in all.

#### 6. EXIT As entry

Lead off by odds, followed by the evens 1 3 5 2 4 6 not 1 3 5 6 4 2 (*skip*)

## NEW WALTZ

**Source** : Rural Felicity Garland Dancers, Brasstown, NC.  
**Step** : Country Dance Waltz step (long, short, short)  
**Music** : waltz  
**Set** : 6 dancers in a circle, facing clockwise, numbered odd and even clockwise, even in front of odd.

### Introduction (A1)

Circle left once around, facing direction of movement, emphasising the natural in an out of the waltz step.

### CHORUS (A2B1B2)

Start odds facing out, evens in, give right hands to partner once round (4), continue to move left (odds anticlockwise, evens clockwise) and pass next dancer by the left (4), turn the next by the right once around (4), pass next etc to home. End in a circle, all facing in.

### Fig 1 APPLE TREE (A1A2B1B2)

All waltz balance in and out and turn single (4), repeat turn other way (4). All waltz in and out, evens turn half way to face out in place, odds waltz through the centre of the set to the next place to the right and remain facing out (4), all waltz in and out, odds turn to the right to face in, evens waltz around outside to next space on left and remain facing in (4). Repeat till reach place.

### Fig 2 INDUSTRIAL REVOLUTION (A1A2B1B2)

Two opposite dancers are the leaders. All circle left half way, leaders move off to form two stars of 3, one outside, one inside, to turn in opposite directions. Rotate once, swap stars two at a time, rotate once, swap back, rotate once, start as if to cross back but carry on into a big circle going to the left.

### CHORUS (A1A2B1)

**Filler (B2)** : Turn partner by right once round (4) all waltz balance forward and back and turn single.

### Fig 3 STAR AND CIRCLE LEFT (A1)

Odds make a left hand star, twice round, evens round outside to left once.

### Fig 4 ARCHES (A2B1B2)

All turn single, one pair form arch, tips touching, rest lower garlands to horizontal and go through in pairs to home. Repeat each pair arching. Get home at end with all facing in in time .

V 1.1

Fig 5 ROSEBUD (A1)

All circle left once around with garlands overlapping, right hand over right neighbour's left, garland held slightly in front, all dancers shoulder to shoulder. At end back out slightly so that no longer overlap.

Fig 6 FLOWER (A2B1B2)

Odds circle three in centre to left  $2/3$  round, while evens "turn single" making a wide loop and sweeping garlands down and up in a smooth motion, all ending facing in (4). Evens circle left and odds loop (4) etc.

CHORUS (A1A2B1)

END (B2)

Circle left as Introduction, turn right to face out the long way, and raise garlands overhead on last 2 bars.

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## NUTTING GIRL

- Source** : Minden Rose of Alton. This dance was created for two reasons,  
 (a) the first photo showed both sticks and garlands!  
 (b) tried to compose a dance where the movements of the subsets  
 would be satisfactory in their own right. Not achieved yet!
- Music** : "Nutting We Will Go", the tune is ABA.
- Step** : 1 2 3 hop, skip change step.
- Tools** : half the dancers have two short sticks which are held upright in  
 front in a "candles" position or swung alternately. The other half  
 each hold the ends of two "U" shaped garlands which link them  
 together in a ring forming arches.
- Set** : the three with the garlands form a ring with three arches hands  
 out at sides making a fairly large circle. The three with sticks  
 stand outside the ring opposite the arches.

```

 1
 3 1 2 B C
 3 A C 3 2
 B A C A

```

**ENTRY** - come on in two lines of three as indicated on the left. The  
 garland dancers form a ring before moving on, the leader does a half turn to  
 their right, raising garland handles over head, to face the same way as the  
 other two, they come on with the garlands as shown.

1. **Sticks** - dance into the centre and back to starting place twice,  
 clashing sticks with neighbours when reach the middle.
- Garlands** - dance out & back, garlands vertical.

```

 X
 G G
 X X
 G

```

2. **Sticks** - dance whole rounds clockwise to left outside garland ring.
- Garlands** - dance whole rounds anticlockwise inside, perhaps twice round.
3. **Sticks** - dance loops through the garlands, go through the facing  
 arch and all pass right shoulders in the centre simultaneously and come out  
 through the next arch anti-clockwise, making a big loop to the right,  
 clockwise and coming back to the arch that was exited. This is done two  
 more times to get back to starting place. On the music left, four bars, the  
 stick dances balance to the right and left and turn around clockwise making  
 a small circle on the spot, using stephops.
- Garlands** - dance in and out forming crown over the stickers

```

 X
 G G
 X X
 G

```

4. **Sticks** - dance a whole rounds anticlockwise outside, to the right.
- Garlands** - dance a whole rounds clockwise.

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5. **Sticks** - dance around the garland holders as posts, move around the outside of the right hand garland holder and then loop anticlockwise around them before moving on to do the same with the other holders. One bar to get behind a garland dancer and four bars to loop round. There should be no music to spare so no ending like fig 3. The dancers pass right shoulders in the centre but do not go round each other.

**Garlands** - dance in, turning left to face out hands crossed and immediately dance out turning to face in again, dance on spot.

```

 X
 G G
 X X
 G

```

6. **Sticks** - stand still.

**Garlands** - right hand star only twice around, do not let go garland ends, just put knuckles to the centre, and the garlands will form arches over each dancers head. Could, if desired, star back to place.

7. **Sticks** - weave through the garland holders, going outside the right hand neighbour, inside the next and outside the third. End figure as fig 3. On the music left, the stick dances balance to the right and left and turn around clockwise on the spot.

**Garlands** - dance closed side step to left, two hops face forward, closed sidestep to right, two hops steps face forward, repeated.

```

 X
 G G
 X X
 G

```

8. All form a basket. The leader of the garland group raises both hands, turns clockwise to face out with hands now crossed and backs between the other two lowering all the garlands behind them to form a three person basket. The stick dancers duck under the garlands in the nearest gap to their left and lean out against the garlands putting hands on the garland holders' shoulders. Basket to the left, clockwise in the usual dance fashion.

```

 1
 B C 3 A 1
 B C
 3 2 2
 A

```

EXIT - the garlands are raised upright and the garland leader passes the ends they hold to the other two so that they have the three garlands against each other, all the ends in a hand, and the leader is free of them. The set walks off with the garland leader in front, the other two garland carriers following with garlands making one arch behind and the three stick dancers in a line of three at the back. No 2 slides around the side to the back.

```

 3 1 2
 B C
 A

```



## ONE HUNDRED PIPERS

**Source** : Court Square Garland, Charlottesville, Virginia.  
**Music** : "With a 100 pipers an' all".  
**Step** : skip change step, lead off with right foot forward.  
**Set** : 6 dancers, each with a U shaped garland, in two columns.

O2YS : stand still facing up.

FIGURES - each takes 16 bars.

- 1 All dance forward 4 double steps, waving garlands to left and to right twice, till leaders about level with musician. Cast round the musician to change sides, still following leaders, garlands upright, passing evens outside odds, ending all facing down. Repeat to place, evens again pass on the outside.
- 2 All face the centre and approach to form a circle, knuckle to knuckle, on 2 doubles. Nos.1, 5, 4 cast back, turning to their right, clockwise, and going back one place. The others move round one place anticlockwise so changin places, turning, mostly at the end, to their right to face the centre. All dance 2 doubles (or 4 slip steps) to the right in this circle, going about one halfway round the set. Repeat the cast and anticlockwise circling two more times and then cast to original places. The result is that 1,5,4 go once around the set, moving a half less a sixth each sequence and the others go round twice, moving a half plus a sixth.
- 3 Reel : All dance into one line along the centre, on two doubles, right shoulders to right shoulders with opposites. Start a half reel of six, to change ends, with a right hand half turn of opposite to change places. There are six changes in all, then a move out to the side. Each turn takes two doubles. When at the ends, a dancer does a complete turn on the spot on their own.
- 4 as 2.
- 5 All face up, columns cross over with opposites, facing up throughout, from odd side always in front, garland being dipped through, and taking 2 doubles. Repeat to place. Dance a half hey, progressive from the top, with the tops casting out to start. Repeat crossing facing up, and the half hey starts from the top again.
- 6 as 2. but end leading off in file instead of moving out to place.

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## PERTH GARLAND DANCE

**Source** : film of Fair Maids of Perth, at Adelaide 1983, danced for eight.  
**Step** : skip change step rather than a polka.  
**Set** : eight dancers all facing up, each with a U shaped garland.

### ORDER OF MOVEMENTS FOR FOUR DANCERS

1. Four bars facing up and moving forward, two bars sidestep to change sides still facing up, one bar on spot, and one bar to turn out and face down. Four bars facing down and moving down, two bars sidestep to change back to starting side still facing down, and two bars to turn out, full or half turn as required, to end with the odds facing up and the evens facing down. The original odd side pass in front both times. 16 bars in all.

2. Dancers move sideways into a single line down the centre line of the set back to back with their opposite, odds facing up, evens down, in one bar. The back to back pairs rotate on the spot clockwise, getting half way round by the end of the fourth bar, carrying on for two more bars and then moving out to opposite's place by the end. All face up momentarily.

Evens, on the odd side, turn clockwise to face down on the first beat of the next bar and the above is repeated to place, but turning anti-clockwise when back to back. End all turning up to face across. 16 bars.

3. Centre four right star round to the left  $1\frac{1}{2}$  times and back to the right, turning out at half way, and ending turning the easy way to face across. The ends turn as pairs  $2\frac{1}{2}$  times, turning in at half way.

Eight bars each way, 16 bars in all.

4. "Diagonals" in pairs cross, first corners 1&6, 3&8, then second corners 2&5, 4&7, and then back to place in turn. Four bars for each crossing. Cross moving sideways, to the right, so that diagonals pass back to back, then turn right to face across. 16 bars in all.

5. Repeat of figure 2.

6. All dance a grand chain, cross at the top and bottom, and the two sides first, alternate right and left shoulder passing, using two bars per pass. On the first bar as the two dancers approach they tilt their garlands forward and towards each other so that the semicircular part of each garland overlaps, and they rotate the garlands horizontally to maintain this overlap as they meet. In the second bar the garlands are upright to allow the dancers to pass. 16 bars in all.

7. Cast out from the top to the bottom, following the separated top pair, and back up the middle, shoulder to shoulder. Cast again but in a wide arc to form a circle facing out and all bow out to the audience. 16 bars in all.

## SWEET GARLAND DANCE

- Source** : filmed at Chirstchurch Folk Festival, June 13 1981, as danced by Wessex Woods, a women's clog dance group.
- Step** : danced in clogs, polka step, right foot across first.
- Garland** : a garland covered with flowers.
- Set** : four dancers, starting in a square, facing across,

|   |   |   |
|---|---|---|
| 3 | 1 |   |
|   |   | m |
| 4 | 2 |   |

O2YS : stand still

- A1 1-2 two bars polka on spot facing across to opposite, turn and,  
 3-6 back-to-back with neighbour on side, pass right shoulders first, two bars each way, turn front and  
 7-8 two bars polka on spot to opposite again.
- A2 1-4 dance forward and back to opposite, two bars each way, turn and  
 5-8 dance forward and back to neighbour on the side.
- B1 1-6 right hand star once round only to place, knuckles touching in centre,  
 7-8 turn outwards alone, to the left, taking two bars to face back,
- B2 1-6 left star once around to place,  
 7-8 turn out alone to end facing across to opposite.
- A3 1-8 Reel of Four - two bars hesitation to start, then an eight bar reel
- A4 1-2 which runs into the next musical phrase. 1&4 start passing left shoulders and going to their right to start reel with neighbour.

|   |   |   |           |
|---|---|---|-----------|
| 3 | 1 |   | 3         |
|   |   | m | to start, |
| 4 | 2 |   | 2         |

The second corners (2&3) end in place in bar A4-2 and turn the short way to face across.

- 3-8 **Chain** - while the second corner (2&3) polka on the spot, the other two (1&4) continue the path of the reel (figure eight) till they reach their place around the now non-travelling second corner.
- B3 1-2 two bars polka on spot facing opposite,  
 3-6 turn opposite once around, touching right knuckles,  
 7-8 two bars polka on spot facing opposite.
- B4 1-2 two bars polka on spot facing neighbour along sides,  
 3-6 turn neighbour once round touching left knuckles,  
 7-8 two bars polka on spot facing opposite again.
- A5 1-4 opposites dance forward and back, two bars each way,  
 5-8 keep moving back and turning to end in a line of four facing down.

|   |   |   |   |   |   |
|---|---|---|---|---|---|
|   |   |   | 3 |   | 3 |
| 3 | 1 |   | 1 |   | 1 |
|   |   | m |   | m |   |
| 4 | 2 |   | 2 |   | 2 |
|   |   |   | 4 |   | 4 |

A6 1-4 line of four polka down and back, two bars each way, facing down throughout.

5-8 all turn outwards on the spot to face down again, taking the full four bars for the turn, 1&3 to the right, 2&4 to their left.

B 5/6 Turns - all turns are done by pairs shoulder to shoulder, and take two bars and one bar pause for a half rotation, and four bars plus one bar pause for a full rotation, except for the last turn which is only two bars in all and has no pause because it is the end of the dance!

|    |    |    |    |    |    |
|----|----|----|----|----|----|
| <3 | 1> | 1> | 1> | 1> | <3 |
| <1 | 3> | <4 | <4 | 3> | <1 |
| <2 | 4> | <3 | <3 | 4> | <2 |
| <4 | 2> | 2> | 2> | 2> | <4 |

|        |         |          |         |        |          |
|--------|---------|----------|---------|--------|----------|
| ends   | middles | ends     | middles | ends   | : who    |
| ½ in   | ½ right | full out | ½ right | ½ in   | : turn   |
| 3 bars | 3 bars  | 5 bars   | 3 bars  | 2 bars | : length |

ENDING all face down and make two bows.

EXIT all turn to their left and polka off in single file.

## THREE AROUND THREE

**Source** : NYFC at Whitby August 1994, off the official video.

**Music** : "Three Around Three", a hornpipe.

**Step** : 123h hornpipe step, not a skip-change or morris.

**Set** : 7 dancers, 6 in two columns, divided into middles and corners, and a leader at the top facing down. Each carries a U shaped garland.  
Thus,

```
 x x x
 m L
 x x x
```

**Once to Self** : stationary, garland vertical and still, leader facing down, rest facing across.

**CHORUS** - 8 bars

All the dancers retire a little for 2 bars, approach opposite for 2 bars, corners retire to place for 2 bars, while leader and middles form a triangle, then those three retire while corners dance on the spot for 2 bars.

- 1 **Diagonals** : first corners of the 6, approach across the diagonal to be right shoulder to right shoulder, forming a line of four with the second corners who dance on the spot, and then retire to place. At the same time the middles and leader retire, approach own place and turn clockwise to their right on the spot. Repeat with the other diagonal leading. (16)
- 2 **Reels of 3** : Each file dances a full reel of three, started progressively from the top, with the top pair going between the middles, and all swaying garlands alternately side to side, ie outwards, as they pass the people in their reel. The leader dances down the centre of the set to the bottom, turns to the right and dances back up to place and turns right again. (8 bars)
- 3 **Stars** : 8 bar right hand star only, with three dancers at the top and four at the bottom.
- 4 **Circular Hey** : The 6 dance, crossing first at the top and the bottom sides. The leader dances forward when clear to the centre of the set and turns clockwise on the spot, then dances out.
- 5 **Cast** : The 6 cast down the outside and come in and dance back up the middle to places. The leader dances as fig.2.
- 6 **Single File** : Start as fig.5 but merge at the bottom and come up in single file following the leader, and end facing up and raising garlands.

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